



THE PROCESS – PART ONE

- What is the Way?

What is the Way to Right Mindset according to the Bible?

- Thy Way O God is in the Sanctuary! Psalm 77:13
- But what is the Way?
- I lead in the Way of Righteousness in the midst of the paths of judgment. Proverbs 8:20.
- Therefore the Way or Process of Righteousness is outlined in the Sanctuary.

Firstly though, Moses wrote in Genesis the story about wrong thinking and how it came about. If we understand this way of wrong thinking we may come some way to avoiding wrong thinking ourselves, and to guard a foundation for our right thinking:

1. The Process of Wrong Thinking

Wrong thinking is described in Genesis 3:6. Eve allows her senses, automatic reactions, and feelings to lead her thoughts:

- She saw the fruit(senses)
- She was attracted to it(auto reactions)
- She listened to Satan's story(stories and emotions)
- Her conscience was surrendered to his leading(conscience)

Eve came out of her experience of righteousness by faith through the sanctuary:

1. Eve was connected with God in Eden, but she lost her At-Onement.
2. She allowed the back part of her brain to take over her frontal lobe.
3. No longer communing with God but with Satan.
4. Ignoring the warnings of the angels and the Holy Spirit.
5. The stories and principles were not of Christ but of Satan.
6. She committed to Satan's principles.
7. Absorbed in self and her pleasing tasks

2. The Process for Right Mindset:

How Eve came out of heaven on earth, shows the Way we are to go back in through this Sanctuary Pattern

7. Sacrificing self
6. Cleansed and purposing for God
5. Learning His stories in the Bible
4. Watching for the leading of the Holy Spirit within and without.
3. Praying without ceasing
2. The rational front of our brain in control keeping His principles of love
1. The presence of God

To guard against wrong thinking we shall watch in ways Eve did not(Proverbs 4:23). So that we do not judge by our senses, auto reactions, and stories of others:

- Watch the senses. She saw the fruit(senses)
- Watch the auto reactions and let them be. She was attracted to it(auto reactions)
- Watch the truth(undistorted reality) and the Word of God. She listened to Satan's story(stories and emotions)
- Watch for the leading of the Holy Spirit prompting the conscience. Her conscience was surrendered to his leading(conscience)

The Mindset That Does Not Judge According to the Senses, Auto Reactions, or Stories of Others: Isaiah describes the mind of Christ and the mindset on the spirit that does not judge by the senses, auto reactions, or the stories of others:

Isaiah 11:2,3 And the spirit of the LORD shall rest upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and of the fear of the LORD; And shall make him of quick understanding in the fear of the LORD: and he shall not judge after the sight of his eyes, neither reprove after the hearing of his ears:

Isaiah describes this Mindset as the foundation of righteousness in Jesus.

3. The Purpose of Scripture is to Bring Right Thinking - the Mind of Christ

Move on From the Milk Food: In Hebrews 6, Paul rebukes believers to move on from the milk food to the strong meat of the gospel.

Profitable: In 2 Timothy 3:16,17 He declares the purpose of scripture to be for us to become perfect for good works.

Transformed into His Imagination: 2 Corinthians 3:18, We are to change into His image(ination) from glory to glory by beholding His character in the mirror/glass, which is His Word.

The Word of God Discerns the Thoughts & Intents of our Hearts: Hebrews 4:12 For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

The Word Sanctifies us: John 17:17 Sanctify them through thy truth: thy word is truth.

The Word is our Lamp for the Way: Psa 119:105 Thy word is a lamp unto my feet, and a light unto my path.

We are to live by the Word represented by the table of bread in the Ancient Hebrew Sanctuary: Matthew 4:4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

Our Meditation Day and Night: Joshua 1:8 This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

4. The Process in 2nd Peter, Chapter 1

Our Plan of Addition + God's Plan of Multiplication = Sanctification for our Salvation

In 1 Peter 1:12, Peter writes that we are not just to know the truth but to be established in the present truth. The prophet for our times' words are to be heeded as a light shining in darkness until we have the experience of righteousness by faith, which is the presence of Jesus. We will become partakers of the divine nature. *Grace and peace be **multiplied** unto you through the knowledge of God, and of Jesus our Lord.* 2 Peter 1:2.

Peter describes the steps of this sanctification. With all diligence, we are to **add to our faith**, virtue, knowledge, temperance, patience, godliness, brotherly kindness,

and agape love with all diligence. This is our plan of addition. Then God can bless us with His plan of multiplication.

Plan of Addition and Multiplication PCP 24:1,2

To those who are preparing for heaven I wish to say, In the Christian life we are to work upon the plan of addition. If we are faithful in working on this plan, God works for us on the plan of multiplication. We are not to deviate from virtue or fail to cherish and cultivate all the graces of the Spirit. To enable us to be partakers of the divine nature, God has given us exceeding great and precious promises. These promises are mentioned in the following verses:

“And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge; and to knowledge temperance; and to temperance patience; and to patience godliness; and to godliness brotherly kindness; and to brotherly kindness charity. For if these things be in you, and abound, they make you that ye shall neither be barren nor unfruitful in the knowledge of our Lord Jesus Christ” (2 Peter 1:5-8). Applying the plan of addition will ensure Salvation. Without it, we are lost.

Overcoming COL Chapter 25

But Christ has given us no assurance that to attain perfection of character is an easy matter:

- A noble, all-round character is not inherited.
- It does not come to us by accident.
- A noble character is earned by individual effort through the merits and grace of Christ.
- God gives the talents, the powers of the mind; we form the character.
- It is formed by hard, stern battles with self.
- Conflict after conflict must be waged against hereditary tendencies.
- We shall have to criticize ourselves closely,
- and allow not one unfavourable trait to remain uncorrected.

5. The Process for Right Thinking in Philippians **– A Thesis on Right Thinking**

Let this mind be in you, which was also in Christ Jesus. Philippians 2:5 – HOW?

- (1) **We Have a Serious Part to Play:** Php 2:14 Work out your own salvation with fear and trembling.

- (2) **God's Works by Grace Through faith:** Php 3:9 And be found in him, not having mine own righteousness, which is of the law, but that which is through the faith of Christ, the righteousness which is of God by faith:
- (3) **Forgetting the Past Habits:** Php 3:13 Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,
- (4) **We Have a Powerful Purpose and Reason to be Transformed:** Php 3:14 I press toward the mark for the prize of the high calling of God in Christ Jesus.
- (5) **Right Mindset is Most Important:** Php 3:15 Let us therefore, as many as be perfect, be thus minded: and if in any thing ye be otherwise minded, God shall reveal even this unto you.
- (6) **God's Purpose for us is Supremely Joyous:** Philippians 4:4-6. Rejoice evermore, pray without ceasing, in everything give thanks. For this is the will of God in Christ Jesus concerning you. 1 Thessalonians 5:16,17,18;
- (7) **Perfect Peace:** And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus; Philippians 4:7; Isaiah 26:3
- (8) **The Mental Filter for Right Thinking** – Then with these previous steps in place we can apply the Bible's mental filter: Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things
Philippians 4:8
- (9) **Right Feeling** – Philippians 4:11 With right thinking I will have right feeling: Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content;
- (10) **Right Doing** – With right thinking and right feeling, I can then have right doing: I can do all things through Christ which strengtheneth me; Philippians 4:13.

6. Cognitive Behavioural Therapy:

These previous last three points - Right Thinking, Right Feeling, Right Action – make up the three interconnected aspects of CBT - thoughts lead to emotions which impel our behaviours.

Further, the greatest Commandment we are told in Matthew 22:37-40, is to love God with all your heart(emotions), all your soul(behaviours), and all your mind(thoughts). Here are the three elements of cognitive behavioural therapy making up the greatest commandment according to Jesus Himself.

But, it includes forgiving and enabling grace with love and faith, and His power and guidance through the Holy Spirit to overcome all hereditary and cultivated tendencies to evil, which is very different to modern psychology.