



# RMT Bible Verses



Paul wrote most of the books of the New Testament, and he was very clear on our need for the training of our thoughts. However, both the Old and New Testaments from Genesis to Revelation are loaded with texts that specifically point to the necessity of training our thoughts. Here are a few (KJV unless otherwise marked):

1. **Transformed by the Renewing of Mind:** Romans 12:2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.
2. **Mindset on the Spirit:** Romans 8:5,6 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. For to be carnally minded is death, but to be spiritually minded is life and peace. NKJV
3. **Guard the Mind:** Proverbs 4:23 Keep thy heart with all diligence; for out of it are the issues of life.
4. **The Greatest Commandment:** Matthew 22:37,38 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment.
5. **Be Still and Know God:** Psalms 46:10 Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.
6. **We Have the Gift of a Sound Mind From God:** 2Timothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.
7. **Perfect Peace:** Isaiah 26:3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.
8. **Focus on Jesus:** Matthew 6:22 The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light.
9. **Wrong Mindset Caused the Flood:** Genesis 6:5 And GOD saw that the wickedness of man was great in the earth, and that every imagination of the thoughts of his heart was only evil continually.

10. **Daily Self Reflection:** 2Corinthians 13:5 Examine yourselves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, except ye be reprobates?
11. **Wake up and Watch:** 1Thessalonians 5:6 Therefore let us not sleep, as do others; but let us watch and be sober.
12. **Rejoice, Pray, and gratitude Always:** 1Thessalonians 5:16,17,18 Rejoice evermore. Pray without ceasing. In everything give thanks: for this is the will of God in Christ Jesus concerning you.
13. **Every Thought to Obedience to Jesus:** 2Corinthians 10:4 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) 2Corinthians 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;
14. **Righteousness Revealed in the Life:** Romans 1:16,17 For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek. Romans 1:17 For therein is the righteousness of God revealed from faith to faith: as it is written, The just shall live by faith.
15. **Set Your Heart & Mind in Heaven:** Colossians 3:1 If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God. Colossians 3:2 Set your affection on things above, not on things on the earth.
16. **Thoughts Determine the Life:** Proverbs 23:7 For as he thinketh in his heart, so is he: Eat and drink, saith he to thee; but his heart is not with thee.
17. **Blessed is he that Watches and Walks in Righteousness:** Revelation 16:15 Behold, I come as a thief. Blessed is he that watcheth, and keepeth his garments, lest he walk naked, and they see his shame.
18. **Watch and Pray:** Matthew 26:40 And he cometh unto the disciples, and findeth them asleep, and saith unto Peter, What, could ye not watch with me one hour? Matthew 26:41 Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.
19. **Watch and Pray:** Mark 14:38 Watch ye and pray, lest ye enter into temptation. The spirit truly is ready, but the flesh is weak.
20. **Watch:** Mark 13:37 And what I say unto you I say unto all, Watch.

21. **Control Your Mind:** 1Peter 1:13 Wherefore gird up the loins of your mind, be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ;
22. **Watch:** 1Peter 5:8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:
23. **In Remembrance Always in the Present Truth:** 2Peter 1:12 Wherefore I will not be negligent to put you always in remembrance of these things, though ye know them, and be established in the present truth.
24. **Listen to & Do the Prophet's Words Continuously Until you Have the Mind of Christ:** 2Peter 1:19 We have also a more sure word of prophecy; whereunto ye do well that ye take heed, as unto a light that shineth in a dark place, until the day dawn, and the day star arise in your hearts:
25. **A New Creature:** 2Colossians 5:17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.
26. **Filled With the Fullness of God:** Ephesians 3:17 That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, Ephesians 3:18 May be able to comprehend with all saints what is the breadth, and length, and depth, and height; Ephesians 3:19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.
27. **A New Mind:** Ephesians 4:22 That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; Ephesians 4:23 And be renewed in the spirit of your mind; Ephesians 4:24 And that ye put on the new man, which after God is created in righteousness and true holiness.
28. **God Wants to Write His Principles of Love in our Hearts:** Hebrews 8:10 For this is the covenant that I will make with the house of Israel after those days, saith the Lord; I will put my laws into their mind, and write them in their hearts: and I will be to them a God, and they shall be to me a people:
29. **Wrong Thinking the Reason for the Flood:** Genesis 6:5 And GOD saw that the wickedness of man was great in the earth, and that every imagination of the thoughts of his heart was only evil continually.

30. **Sealed in Right Thinking:** Revelation 7:3 Saying, Hurt not the earth, neither the sea, nor the trees, till we have sealed the servants of our God in their foreheads.
31. **Sealed in Right Thinking:** Revelation 14:1 And I looked, and, lo, a Lamb stood on the mount Sion, and with him an hundred forty and four thousand, having his Father's name written in their foreheads.
32. **Purposed in His Mind:** Daniel 1:8 But Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank: therefore he requested of the prince of the eunuchs that he might not defile himself.
33. **Vegan Diet Improves Thinking:** Daniel 1:20 And in all matters of wisdom and understanding, that the king enquired of them, he found them ten times better than all the magicians and astrologers that were in all his realm.
34. **Reason with God:** Isaiah 1:18 Come now, and let us reason together, saith the LORD: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool.
35. **The Word of God Discerns the Thoughts & Intents of our Hearts:** Hebrews 4:12 For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.
36. **The Intentions of the Thoughts of our Hearts Determine our Words & Actions:** Luke 6:45 A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: for of the abundance of the heart his mouth speaketh.
37. **The Thoughts of the Wicked are an Abomination:** Proverbs 15:26 The thoughts of the wicked are an abomination to the LORD: but the words of the pure are pleasant words.
38. **Relying on God to Make Our Efforts Acceptable:** Psalm 19:14 Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer.
39. **Jesus is My Refuge and Fortress:** Psalm 91:2 I will say of the LORD, He is my refuge and my fortress: my God; in him will I trust.

40. **Let Go of the Stinking Thinking & Take up the Right Mindset:** Ephesians 4:31,32 Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.
41. **Give All Your Anxiety Over to God:** 1Peter 5:7 Casting all your care upon him; for he careth for you.
42. **We Have the Mind of Christ:** 1Corinthians 2:16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.
43. **Worldly Wisdom is Foolishness:** 1Corinthians 3:18,19 Let no man deceive himself. If any man among you seemeth to be wise in this world, let him become a fool, that he may be wise. For the wisdom of this world is foolishness with God. For it is written, He taketh the wise in their own craftiness.
44. **Biblical Mindfulness Includes Singing, Glorifying, Rejoicing, Seeking His Presence Continually, Gratitude, and Remembrance of His Word Always:** 1Chronicles 16:9,10,11,15 Sing unto him, sing psalms unto him, talk ye of all his wondrous works. Glory ye in his holy name: let the heart of them rejoice that seek the LORD. Seek the LORD and his strength, seek his face continually. Remember his marvellous works that he hath done, his wonders, and the judgments of his mouth; Be ye mindful always of his covenant; the Word which he commanded to a thousand generations;
45. **Let This Mind of Christ be in You:** Philippians 2:5 Let this mind be in you, which was also in Christ Jesus:
46. **Do Not Worry:** Philippians 4:6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; (NKJV)
47. **The Bible's Mental Filter:** Philippians 4:8 "...whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.
48. **Learn to be Content Regardless of Circumstances:** Philippians 4:11 Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content.

49. **Having the Mind of Christ:** Philippians 4:13 I can do all things through Christ which strengtheneth me.
50. **Characteristics of the Mind of Christ & Mindset on the Spirit – Not Judging by the Senses, Automatic Reactions, or Stories of Others:** Isaiah 11:2,3 And the spirit of the LORD shall rest upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and of the fear of the LORD; And shall make him of quick understanding in the fear of the LORD: and he shall not judge after the sight of his eyes, neither reprove after the hearing of his ears:
51. **The Chain Reaction for Wrong Mindset & Sin – Judging by the Senses, Automatic Reactions, and Stories of Others:** Genesis 3:6 And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat.
52. **You Are the Temple of God:** 1Corinthians 3:16,17 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are.
53. **Be Renewed in Your Thoughts:** Ephesians 4:22 That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; Ephesians 4:23 And be renewed in the spirit of your mind; Ephesians 4:24 And that ye put on the new man, which after God is created in righteousness and true holiness.
54. **Sound Mind:** 2Timothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.
55. **Mind is Deceptive and Cannot be Trusted:** Jeremiah 17:9 The heart is deceitful above all things, and desperately wicked: who can know it?
56. **God Knows our Thoughts:** Psalm 94:11 The LORD knoweth the thoughts of man, that they are vanity.
57. **A Happy Heart is Like Medicine:** Proverbs 17:22 A merry heart doeth good like a medicine: but a broken spirit drieth the bones.
58. **Do Not Trust Your Own Thoughts:** Proverbs 3:5 Trust in the LORD with all thine heart; and lean not unto thine own understanding.

59. **Meditate on the Bible Day & Night:** Joshua 1:8 This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.
60. **Trust only in the Word and the Spirit of Prophecy, Which is the Testimony of Jesus:** Isaiah 8:20 To the law and to the testimony: if they speak not according to this word, it is because there is no light in them.